

Goddess Retreats 

PROGRAM OVERVIEW & PACKAGE RATES



Goddess Retreats offers a range of 7-day, all-inclusive wellness retreats in Bali, each carefully designed to support women in relaxation, renewal, and transformation. Below is an overview of each retreat program, including starting prices for shared and private rooms.



BALI GODDESS RETREATS

📍 Ubud & Seminyak Bali

A holistic wellness retreat designed to restore balance through yoga, meditation, spa treatments, and immersive cultural experiences.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Spa Treatments
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 3 x 'Follow Your Bliss' Experiences to Customize Your Retreat
- And more...



Shared Rooms

from

\$2,095 USD ~~\$2,995~~

per person



Private Rooms

from

\$2,595 USD ~~\$3,495~~

per person





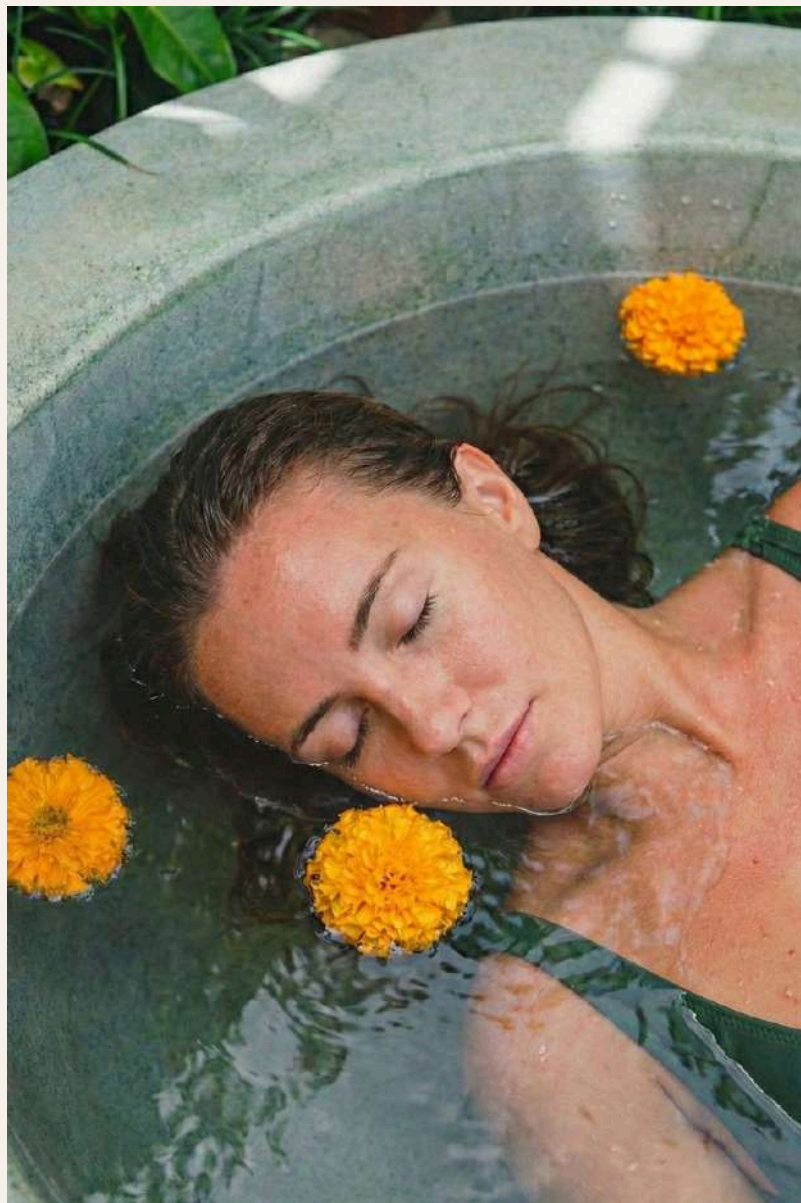
WELLNESS GODDESS RETREATS

📍 Ubud & Seminyak Bali

Refresh your body and mind with a retreat designed for cleansing, renewal, and total well-being. Experience gentle detox therapies, holistic healing, and rejuvenating self-care spa indulgence. Feel lighter, restored, and rebalanced from the inside out.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Premium Spa Upgrade
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 4 x Wellness Experiences to Customize Your Retreat
- And more...



Shared Rooms

from

\$2,495 USD ~~\$3,395~~

per person



Private Rooms

from

\$2,995 USD ~~\$3,895~~

per person





HEALING GODDESS RETREATS

📍 Ubud & Seminyak Bali

Release the past and reconnect with your truest self in a sacred space for deep emotional healing. Emerge empowered, energized, and ready to step into your next chapter with clarity.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Premium Spa Upgrade
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 4 x Healing Experiences to Customize Your Retreat
- And more...



Shared Rooms

from

\$2,695 USD ~~\$3,595~~

per person



Private Rooms

from

\$3,195 USD ~~\$4,095~~

per person





LONGEVITY GODDESS RETREATS

📍 Ubud & Seminyak Bali

Designed for women navigating burnout or hormonal shifts, this retreat merges biohacking with traditional therapies for a deep nervous system reset. Restore your metabolic vitality and optimize your health to meet the years ahead with clarity, energy, and radiant power.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Premium Spa Upgrade
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 4 x Longevity Experiences to Customize Your Retreat
- And more...



Shared Rooms

from

\$2,695 USD ~~\$3,595~~

per person

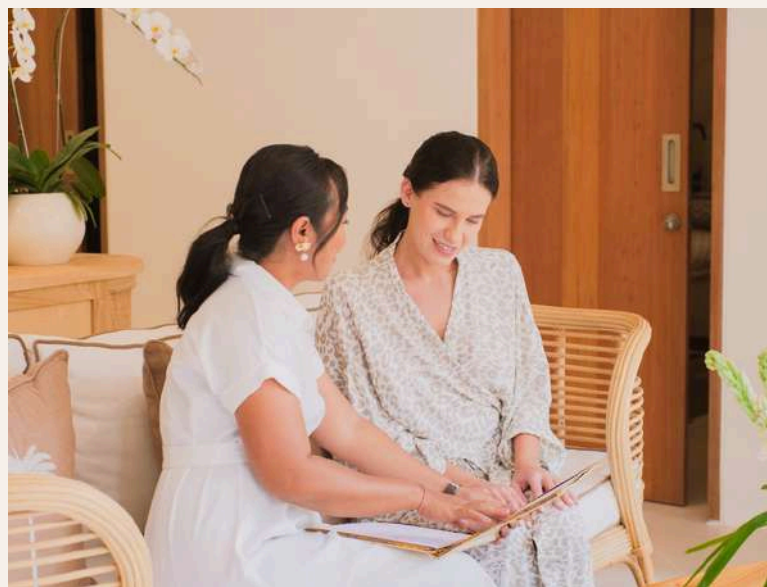


Private Rooms

from

\$3,195 USD ~~\$4,095~~

per person





SURF GODDESS RETREATS

📍 Seminyak Bali

Something wonderful happens when women surf. We grow more confident, we reconnect with joy, and we remember how powerful it feels to flow with life. Our Bali surf retreat for women combines the excitement of surfing with luxury spa treatments, yoga practice, and meditation sessions.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Spa Treatments
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 1 x 'Follow Your Bliss' Experience to Customize Your Retreat
- 5 x Private Group Surf Lessons at your Level
- And more...



Shared Rooms

from

\$2,095 USD ~~\$2,995~~

per person



Private Rooms

from

\$2,595 USD ~~\$3,495~~

per person





FITNESS GODDESS RETREATS

📍 Seminyak Oasis

At Fitness Goddess, we make movement something you look forward to. Whether refining your form or finding new ways to train, you'll leave with the motivation and tools to make fitness an inspiring part of your everyday life.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Spa Treatments
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 1 x 'Follow Your Bliss' Experience to Customize Your Retreat
- 5 x Tailored PT & Lifestyle Coaching Sessions
- And more...



Shared Rooms

from

\$2,295 USD ~~\$3,195~~

per person

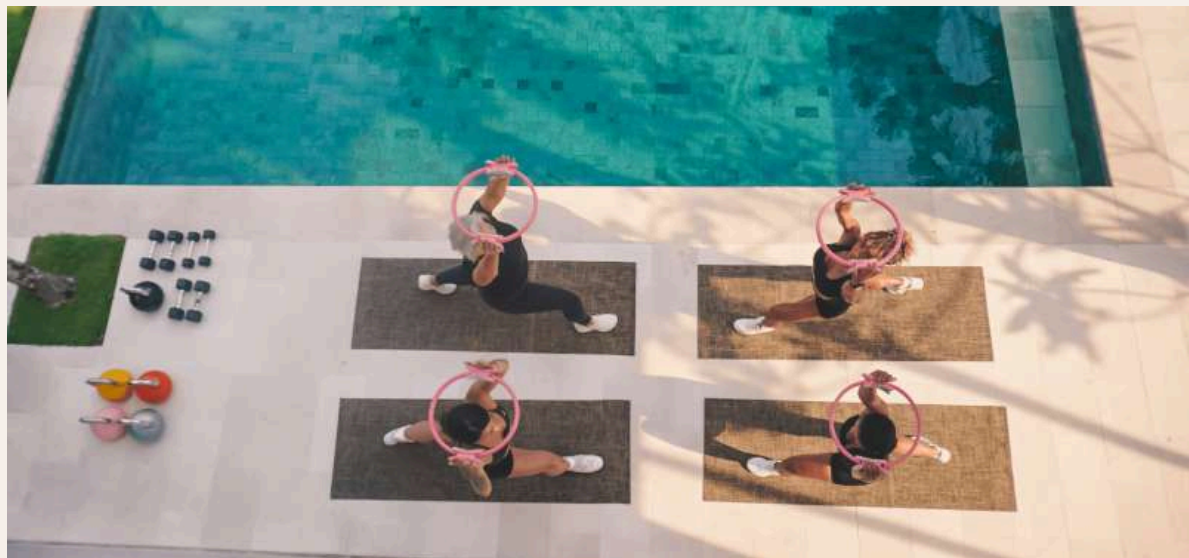


Private Rooms

from

\$2,795 USD ~~\$3,695~~

per person





PILATES GODDESS RETREATS

📍 Seminyak Bali

Experience daily reformer sessions designed to leave you feeling strong, aligned, and energized. Set against Bali's tropical beauty, our all-inclusive retreat combines Pilates with authentic culture and unlimited spa treatments for total rejuvenation.

HIGHLIGHTS

- 7 Day / 6 Night All-Inclusive Package
- Daily Healthy Menu & Unlimited Snacks
- Complimentary Airport & Hotel Transfers
- Daily Yoga, Meditation & Breathwork
- Unlimited Spa Treatments
- Daily Ice Bath & Infrared Sauna
- Cacao Ceremony & Cultural Workshops
- 1 x 'Follow Your Bliss' Experience to Customize Your Retreat
- 5 x Specialized Reformer Pilates Sessions
- And more...



Shared Rooms

from

\$2,095 USD ~~\$2,995~~

per person

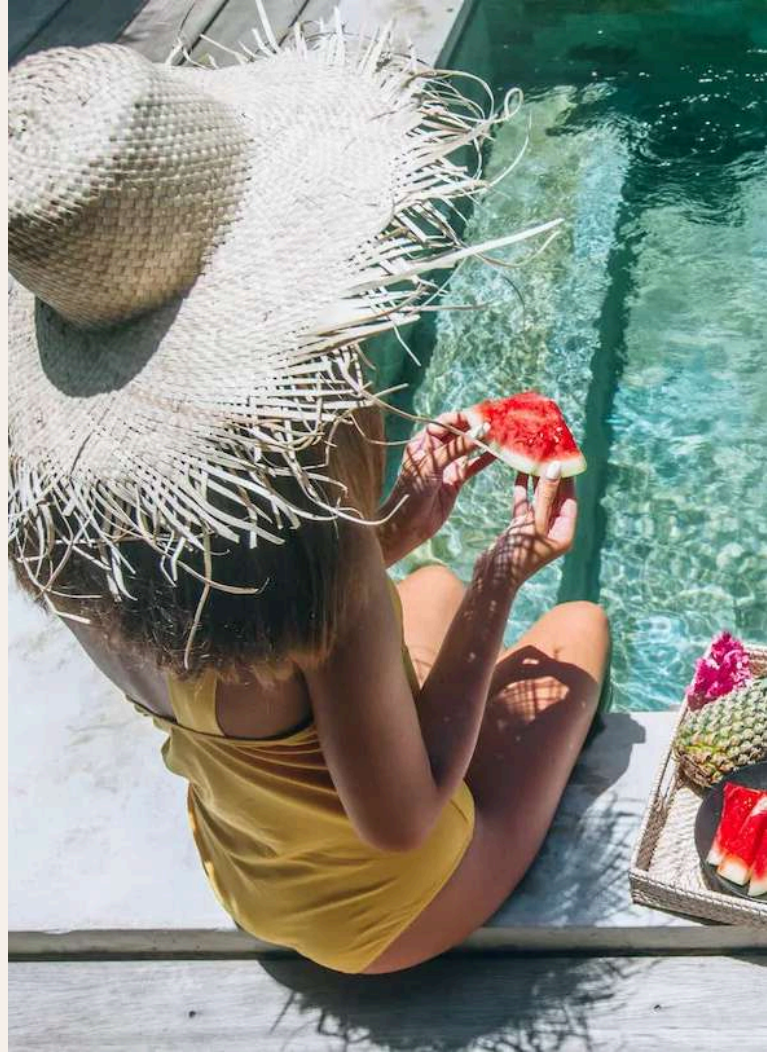


Private Rooms

from

\$2,595 USD ~~\$3,495~~

per person



BACK-TO-BACK RETREATS FOR DEEPER RENEWAL



📍 Ubud & Seminyak Bali

Take your time to fully experience Bali, the mystical Island of the Gods, with a combined stay at both of our retreat locations. This special experience lets you enjoy two back-to-back weeks with added comfort and ease.



Extend your journey of transformation. Book back-to-back retreats & get up to 2 extra nights free stay!

Fully experience the magic of Bali, with a combined stay at both of our Bali retreat locations.

- Book 2 x back-to-back retreats and enjoy up to 2 extra nights stay free!
- Offer available for any combination of 7 day retreat packages
- You can also choose back-to-back retreats at the same location



Seminyak Oasis

Your coastal sanctuary. Escape to a vibrant oasis where golden sunsets meet the sea and restorative spa rituals bring back your inner radiance.



Ubud Sanctuary

Set amidst 1.5 hectares of rice paddies and jungle cascading down to a sacred river, find peace in the ambience of nature where wellness experiences restore the soul.